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Homemade healthy cereal bars eatwell101.com

These homemade, all-natural granola bars are baked until slightly crunchy, making them perfect for breakfast-on-the-go or as a wholesome, portable snack. Recipe by Five Heart Home 8.

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Healthy Breakfast and Brunch Recipes Allrecipes.com

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Oatmeal Superfood Breakfast Bars A Healthy Life For Me

Thx for sharing, Amy, I googled healthy oatmeal bars & your recipe came up. I'm looking forward to trying this

recipe. Most food from stores, even health food stores have so much salt and sugar. I m looking forward to trying this recipe.

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